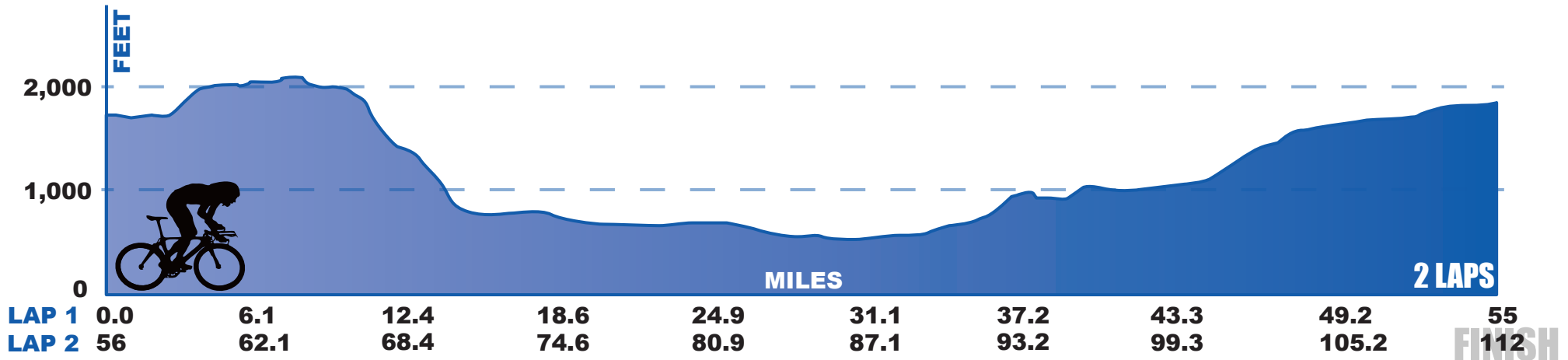
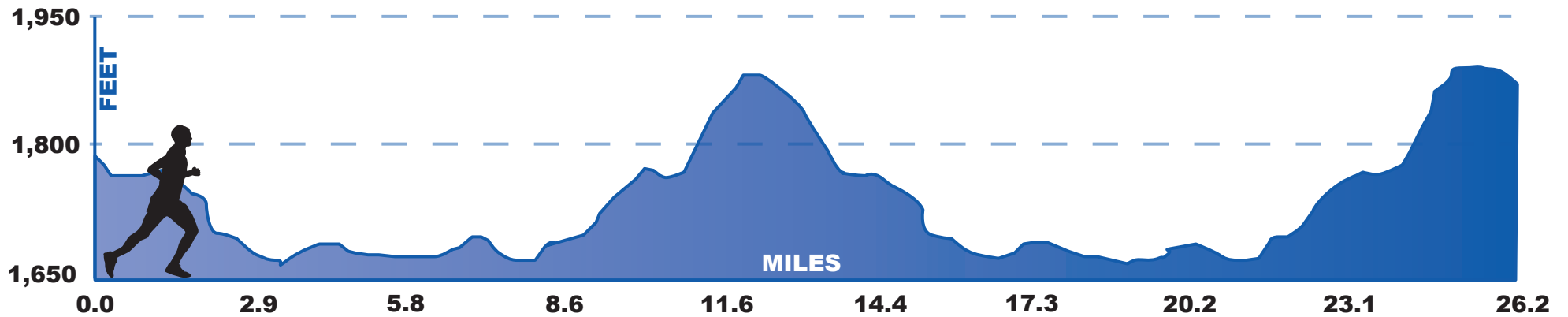


IRONMAN[®]

★ ★ ★ *Lake Placid*



BIKE PROFILE: Start Elevation: 1,781 ft • Max Elevation: 2,215 ft • Gain: 2,395 ft



RUN PROFILE: Start Elevation: 1,781 ft • Max Elevation: 1,923 ft • Gain: 358 ft